



Ginkgo



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Ginkgo

From Yogi Tea

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Ginkgo 17 Bag

Description

Yogi's Ginkgo Clarity is a fragrant herbal blend specially formulated to support mental performance and memory. Ginkgo Leaf has been used for centuries in Traditional Chinese Medicine to help maintain healthy cerebral function.

Our blend combines Organic Ginkgo Leaf with Ginkgo and Rhodiola Extracts to support memory. We then add the traditional Ayurvedic herb blend “triphala” (Amalaki, Haritaki, and Bibhitaki Fruits), to help revitalize and rejuvenate. Have a clear day with a cup of Ginkgo Clarity!

Directions

Bring water to boiling and steep 5 to 10 minutes. For a stronger tea, use 2 tea bags. Drink 2 to 4 cups a day.

Ingredients

- Ginkgo Leaf
- Peppermint Leaf
- Licorice Root
- Spearmint Leaf
- Lemongrass
- Basil Leaf
- Ginger Root
- Lemon Peel
- Cinnamon Bark
- Amla Fruit
- Belleric Myrobalan Fruit (Bibhitaki)
- Chebulic Myrobalan Fruit (Haritaki)
- Lemon Myrtle
- Cardamom Seed
- Natural Flavors
- Rhodiola rosea Extract
- Ginkgo Leaf Extract

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